



ANNUAL REPORT 2013

most

Dear Friends,

Year 2013 with its superstitious digit 13 didn't indeed have a happy start – in January and February Tibetan nomads living in Ladakh were hit by a snow disaster. Damage to the herds was enormous and so were the feelings of helplessness that our Tibetan colleagues shared with us.

We realised again the fragility of human life and also that the outcomes of our efforts are not always easily measurable and describable with plain language. Although our aid didn't bring the herds back, we were able to help them weather the winter and find hope for the future.

In the Czech Republic the situation was more favourable. We successfully transformed the civic association into a public benefit corporation and extended our team.

Grants from the Labour Office of the Czech Republic allowed us to hire two employees who helped us in fundraising and work with volunteers and interns. With their assistance we were able to set up a two-week workcamp to build a convent school in the Himalayan valley of Spiti, allow the donors to check our projects in Ladakh or organize the Festival ProTibet in 29 cities in our country. We presented our projects in the form of an exhibition at the conference Forum 2000 Žofín and we felt very honoured to meet His Holiness the Dalai Lama during his visit to Prague.

In the international development cooperation projects in India and Tibet, we provided food, textbooks, medical care, portable water and heating for more than 2,300 people, including 376 people in the Sponsorship project. Tibetan children, monks

and nuns, Tibetan nomadic families and seniors were supported with the amount of 108,535 EUR in total. In 2013, 963 individuals and 10 corporate donors provided funds for our projects.

In 2013, we continued to support schools and local non-profit organizations in Tibetan Autonomous Prefectures Kardze and Tsolho in China. We helped provide teaching in two Tibetan non-governmental schools in which there are 630 children. We supported the creation and the first year of operation of a training centre for 200 children of displaced nomads.

We also strengthened our cooperation with the academic sector. Students of Palacký University carried out a field research in Tibetan nomads' and within the Summer School of Developmental Studies we lectured together with the Indian ambassador about the problems of northern India.

Next year we will celebrate 10 years of our work. We have already reached a total of 383,110 EUR since 2006 that we sent directly to people in the Indian Himalayas and Tibet. I hope that we will succeed in the jubilee year as well to help people who need it most. I also hope that we can inspire you to learn more about Tibetan culture, mountains and plains, and the fate of the beleaguered Tibetans.

Respectfully

Ing. Jana Neboráková
director of MOST, o. p. s.



THE CIVIC ASSOCIATION M.O.S.T.

Goals and Mission

Promoting education and improving the living conditions of thousands of children, nomadic Tibetan refugees and seniors has been our mission since 2004. We are engaged in development and humanitarian aid in the Indian Himalayas and Tibet. We build and support local schools, we keep the craft tradition by establishing sheltered workshops. Thanks to donors in the project Sponsorship we help Tibetan children, monks and nuns in exile, Tibetan monastic schools, and seniors without families.

We organize cultural and educational events for Czech people throughout the year culminating in the March Festival ProTibet. In an educational project focused on Tibet and Burma we offer a wide range of activities for schools. We work with volunteers, universities and non-profit organizations.

On 31 10th 2013 our civic association was transformed into a charitable company called MOST, o. p. s.

Board Members Association

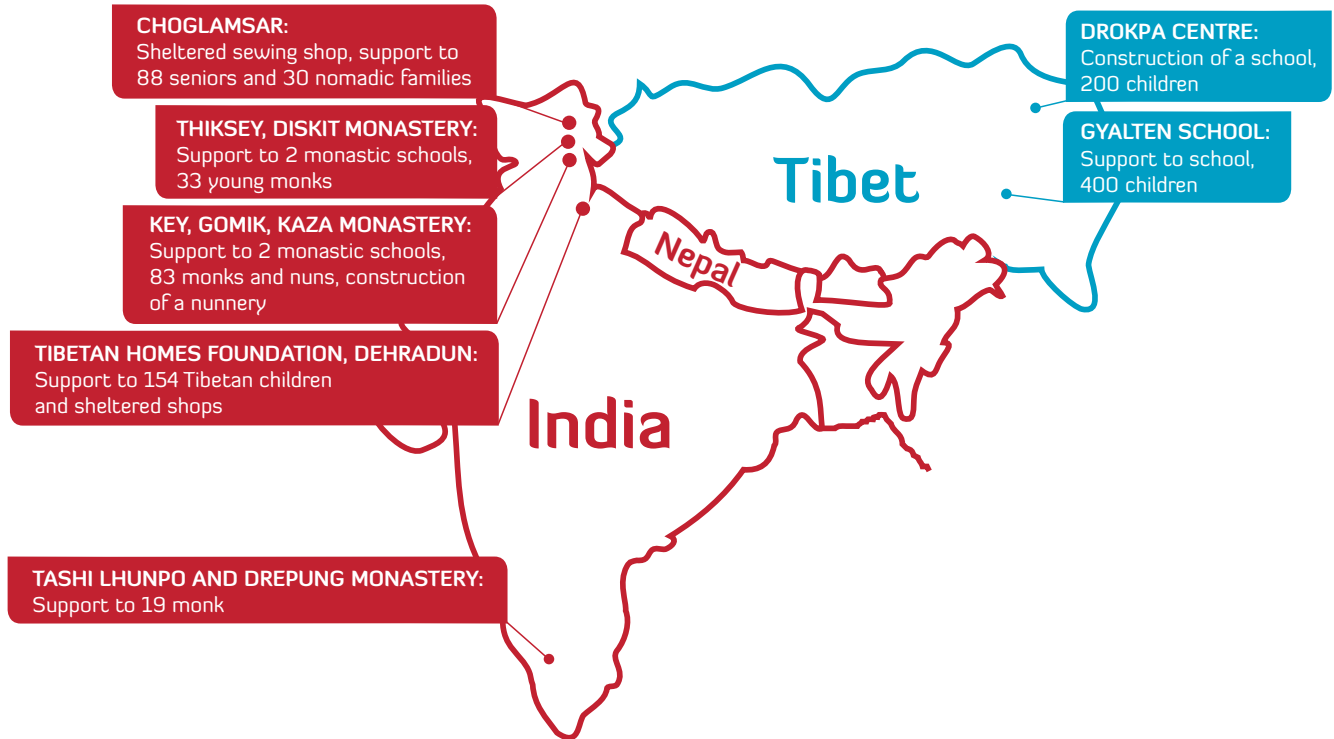
Ing. Jana Neboráková, Mgr. Karin Majerová, Ing. Petr Ďásek, Mgr. Michal Majer

Foreign Experts

Tenzin Dhondup, Karma Cchedup, Ngawang Tsetan, Lobsang Tsering, Lobsang Phuntsok, Kalsang Namgyal, Pema Samdup, Tsering Čöphel

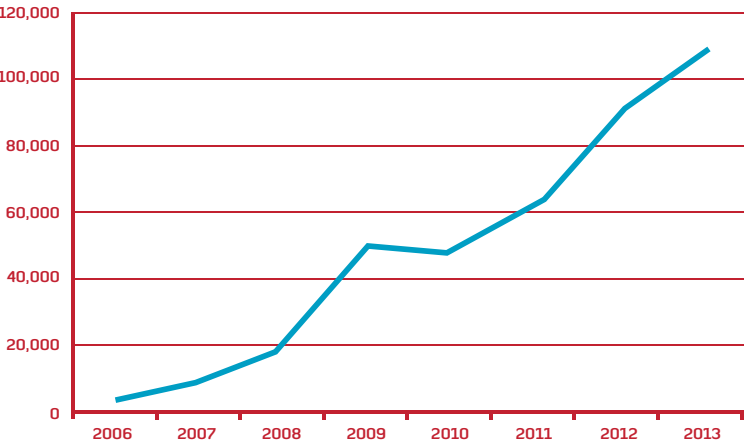


DEVELOPMENT COOPERATION PROJECTS



DEVELOPMENT AID IN 2006–2013

TOTAL 383,110 EUR

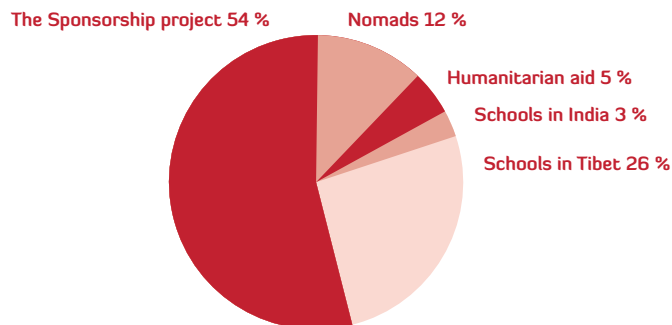


Transmitted funds

Year	EUR
2006	1,003
2007	8,339
2008	18,621
2009	49,880
2010	43,445
2011	61,488
2012	91,799
2013	108,535
Total	383,110

DEVELOPMENT AID IN 2013

TOTAL 108,535 EUR



The Sponsorship project	EUR
SOS village THF	31,121
Diskit monastery – school	3,007
Kaza – nunnery school	2,048
Thiksey monastery – school	1,882
Key monastery – school	7,693
Gomik monastery – school	1,923
Tibetan exile villages, Ladakh	10,929
The Sponsorship project Total	58,603

Development projects in India and Tibet	EUR
Gyaltan school / Tibet	16,684
Drokpa centre / Tibet	11,154
Nomadic school / India	1,346
Kaza nunnery – building / India	2,385
Goat ProTibet / India	12,594
Humanitarian aid / India	5,769
Development project Total	49,932
TOTAL	108,535



SPONSORSHIP – 376 STORIES

This project focuses on improving the living conditions of individual children and the elderly Tibetan refugees who need our help most. **Since 2006 we have regularly assisted 376 people in the Indian Himalayas with the Sponsorship project.**

In 2013, we provided food, medicine, clothing and school supplies. Tibetan children in exile, Tibetan and Indian monks, including young monks, were provided training in their native language. In summer, we visited all people involved in our projects and checked the efficiency of transmitted donations.

We thank all donors for their support and cooperation!

154 Tibetan children

Within the Sponsorship project we remotely help Tibetan children who live directly in Tibet, but also children who fled to India because of political problems and educational opportunities. In 2013 we extended the Sponsorship project right in Tibet by 53 children in need. All of them are attending pre-school preparatory classes in school Gyalten in Kardze Tibetan Autonomous Prefecture.

In India, we continued to collaborate with the SOS village of Tibetan Homes Foundation, which is home to over 2,500 children. It was founded in 1962 by His Holiness the Dalai Lama for child refugees. In our project, we have been helping 154 children and we make it possible for them to be well educated. We provide them with the basic clothing, food and medical care.

134 monks and nuns

Since 2006, we have been improving the living conditions and quality of education for 134 young monks and nuns in seven convent schools in northern and southern India. During the school year the monks can learn traditional subjects such as Tibetan, Tibetan grammar, Buddhist rituals, but also modern subjects such as English, biology or mathematics.

88 Tibetan elderly people

In this project, we are helping Tibetan seniors who live in exile villages in northern India. They fled to India in the sixties of the 20th century along with His Holiness the Dalai Lama. Today, unfortunately, they live destitute and often without families. In 2013, we helped 88 grandmothers and grandfathers and enabled them to buy basic food, medicine and clothing needed for winter.

"I am helping grandfather Tseten and I am so glad that he could buy pills when he was very ill. I am looking forward to visiting him next summer. It's just a priceless feeling," says the patron of the project Czech actress Nela Boudová





SCHOOL PROTIBET

Encouraging the education of children and adults is key for the residents of the outlying plains to be able to understand the complex world and find a job. In the School ProTibet we support the four major schools of Tibet and India with a capacity of 740 children. **In 2013, we contributed to the development of these schools with the amount of 31,569 EUR.**

Gyalten school (Tibet)

In 2013 we also supported the non-governmental school Gyalten lying in the Tibetan Autonomous Prefecture of Kardze. This school is the only one in the area that offers free education, food and accommodation for 400 children from the nearby villages. For some of them we have provided school supplies, textbooks, clothing and medicines in the value of 16,684 EUR. Furthermore, we contribute to the salaries of teachers and help fund school meals. In the upcoming years we will continue to repair the residential rooms that are in disrepair, and we want to build an adequate supply of drinking water.

Drokpa Centre (Tibet)

In 2013, Drokpa Centre building was completed in collaboration with the local Tibetan NGO, located in the Tibetan Autonomous Prefecture Tsolho. We donated the amount of 11,154 EUR. The centre will provide education to 200 children of displaced nomads. At the same time it will enable local villagers to meet and teach their traditions to younger generation. The centre will

be managed by experienced teachers who will also secure training materials and access to the Internet.

Nunnery in Kaza (India)

In cooperation with Sapan Foundation in 2013, we continued with the completion of the school and supplied the equipment to its first completed body. This year the first fifteen nuns began to learn and the school also became an important center for the local residents of the valley. In the summer, we celebrated the opening of the school, attended by over 3,000 local villagers. The event was also attended by fourteen Czech volunteers who helped build the school.

Nomadic school (India)

For 44 children from the poorest nomadic families we organized a three-months long winter training program, led by local teachers. The school, located near the Tibetan border, built in 2011, is also used during the frosts of -35°C .



SEWING WORKSHOP "PROTIBET TAILORING"

In 2011, we set up the first sewing fair trade based shop in the exile Tibetan village in Ladakh in India. Its purpose is to educate poor Tibetans and offer them a job in areas with high unemployment. In 2012, we trained a total of 13 women and 2 men, and expanded the range of assortment by traditional garments and textile accessories. In 2013, the shop began to operate as a separate unit and is independent of our management and financial assistance. We helped the shop to ensure sales of textile accessories through Czech companies. The shop also sells products made by nomads such as hand-woven rugs and bags, knitted socks and hats.

In 2013 we created a base for the establishment of another sewing shop. The fair trade based shop will start operating in Summer 2014.

E-SHOP PROTIBET – WWW.PROTIBET.CZ

In our e-shop you can choose from traditional Tibetan hand made products from a nomadic Tibetan women working in the sewing shop ProTibet Tailoring in Ladakh. We also support many other handicrafts shops by purchasing their products and reselling them at various events or as company or VIP gifts. The income from the e-shop is used to fund our developmental and educational projects.



GOAT PROTIBET

We began to support the nomadic families living in difficult conditions at altitudes 4,500 meters above sea level near the Tibetan border back in 2011. These families were struck by devastatingly heavy snowfall in 2013, so we focused our help on them.

In 2013, we donated 493 Kashmiri goats to 50 poorest families in order to help them continue the traditional way of life. These families come from the area of the villages Čangthangu Sumdho, Henle, Noma and Puga. In this way we help keep their flock, so that families do not have to be resettled.

"Native Americans needed a buffalo for their life to be fulfilled. Nomads in Tibet just need a goat. In order to help him become a nomad and not just a topper for a book, I bought him a goat," says the actress, patron of the project Czech actress Bara Hrzánová.



HUMANITARIAN AID

In February 2013, we launched a fundraising campaign for humanitarian assistance to the Tibetan nomads hit by heavy snowfall in the Ladakh region of India. We handed over a total of 5,769 EUR to the Ambassador of his H.H. the Dalai Lama, and in collaboration with him was provided the most effective assistance. The public collection yielded 2,548 EUR. The humanitarian aid was on behalf of our organization coordinated on-site by our external Tibetan collaborator. In the nomad Community in this area there are over 1,500 people and many families, who have lost their herds of goats, appeared in a life-threatening situation.





EDUCATION AND INFORMATION PROGRAMS IN THE CZECH REPUBLIC

Since 2004 we have been organizing a series of cultural and educational events for Czech schools and the public. The most important of these is the Festival ProTibet, which in recent years following the contribution of many volunteers could be held in nearly 30 cities. In 2013, we dedicated our educational project to Tibet and Burma and familiarized not only schools, but also the public with the problems of development and humanitarian aid.

Festival ProTibet 2013

In the 12th festival ProTibet 29 cities took part and its profits were donated to the nomadic families affected by the heavy snowfall. Vanishing Himalayan culture, human rights issues and the protection of natural and cultural heritage were presented in the form of film screenings, exhibitions and meetings. In Prague, Brno, Olomouc and Ostrava a famous Tibetan singer Loten Namling stepped out among other performers and native Tibetans as well as renowned travellers and experts of development and humanitarian aid were also present. Tribute is paid to the cities of Olomouc and Ostrava and to many cooperating volunteers, institutions and universities for their support of the festival.

Tibet and Burma — The Intersections of Development

www.tibet-burma.cz



Schools and the public have been familiarized in this educational project with the situation and the specifics of Tibet and Burma. The project was a cooperation with the organization People in Need. We focused on human rights issues, cultural differences, and migration in the context of global issues.

In 2013 our interactive programs were attended by over 650 pupils and students of primary and secondary schools. Many schools are also involved in our projects in the Himalayas. Twenty schools rented our traveling exhibitions and other educational materials.

In 2013 our accredited courses attended by native Tibetans and Burmese trained over 200 teachers. They applied the teaching methodology Tibet and Burma — the intersection of development.

We addressed the public with a series of lectures, film screenings with debates, the website project and exhibition "Tibet and Burma at a junction". The exhibition toured eight major cities of the Czech Republic and was also part of the accompanying program of the Forum 2000 Conference in Žofín.



PEOPLE

Volunteering in the Himalayas

In 2013, we successfully implemented a stay of 14 volunteers in the Indian Himalayas. The participants of a few weeks volunteer work camp helped finish the first part of the female convent school in Spiti valley near the Tibetan border. They also took part in the coordination of the Sponsorship project in other monastic schools in the area. Among the participants were students from international development studies UPOL, International Relations and European Studies MUNI, OSU Special Education, Social Education MUNI, architecture students, educators and conservators of monuments. Another group of interns conducted research on the life of Tibetan nomads living in Ladakh at the Tibetan border at altitudes around 5,000 meters above sea level.

Club ProTibet

The Club ProTibet can be joined by anyone who would like to donate 4 EUR a month or more for any of the developmental projects. How will the amount help? In Tibet it will support projects by 50 %, India by 25 % and by 25 % in the Czech Republic. In 2013, we collected a total of 3,804 EUR from the donors of Club ProTibet. Out of that 1,902 EUR were donated to young children from the school Gyalten in Tibet, 951 EUR were handed over to India to support the nomads after heavy snow fall and with the remaining 951 EUR, we were able to carry out interactive programs for children in the country.

Become a member of the Club ProTibet (Club ForTibet)!

Pavlina and Karma are a family

Pavlina Vrkočová had wanted to combine her love for India, Hindi and Buddhism with an enthusiasm to help others. She contacted us and since 2012 she has been helping Karma, the Tibetan girl within the Sponsorship project. She went to see her twice in India along with other Czechs.

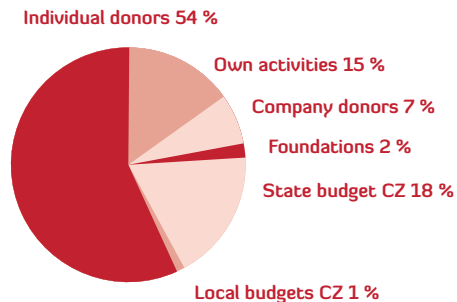
"We stayed at the SOS village of Tibetan Homes Foundation and they took care of us like we were one big family. Karma is older now and says I am her "second mum". But I would like her to perceive me as her older friend who helps her to be able to go to school, so that she could have a chance for a better life.

When meeting with the school director I learned in detail about the progress and behavior of Karma, which reminded me of the school years. From his story, I also realized that the godchild has no godfather genes, but when it comes to us the universe drew two people of the same character together. ☺

As we were leaving, two little boys asked me, where the other Czech sponsors were. That's why I would like to tell other godparents that your godsons are looking forward to meeting you. Personally, I hope to meet there with someone from the Czech Republic next year," — says Pavlina.



FINANCIAL REPORT



Revenues by source categories in 2013

Group fin. resource	EUR
State budget CZ	35,769
Local budgets CZ	2,654
Individual donors	116,569
Own activities	14,551
Company donors	3,173
Foundations	31,565
Total	204,281

Balance Sheet (balance) 31 12th 2013 (in thou. EUR)

Assets	As of the 1 st day of the acc. period	As of the last day of the acc. period
A. Fixed assets	0.46	0.88
I. Intangible assets	0.42	0.42
II. Tangible fixed assets	7.87	9.61
III. Long-term financial assets	-	-
IV. Depreciation of fixed assets	-7.83	-9.15
Total assets	72.66	70.19
B. Total current assets	72.20	69.31
I Total inventories	13.35	14.74
II. Total receivables	3.05	2.69
III. Short-term investments	54.32	49.65
IV. Other assets	1.46	2.23
Total assets	72.66	70.19
Liabilities		
A. Custom resources total	65.55	65.50
I. Total equity	50.73	64.73
II. Total profit	14.83	0.77
B. Liabilities	7.10	4.69
I. Total reserves	-	-
II. Long-term liabilities	-	-
III. Total current liabilities	6.10	4.62
IV. Total other liabilities	1.04	0.07
Total liabilities	72.66	70.19

The "Total assets" is 64,730 EUR. This item consists of the equity in the amount of 26,742 EUR from the funds in the amount of 37,988 EUR. Funds are received donations in the Sponsorship project for the second half of 2013 and in 2014 will be transferred to India and Tibet.

Profit and loss account 31 12th 2013 (in thou. EUR)

Name indicators	costs	Name indicators	revenue
Consumed purchases	13.38	Sales of own goods and services	31.58
Services	40.93	Change in inventories	-
Personal costs	45.69	Total capitalization	-
Taxes, fees	0.07	Other income total	27.15
Other expenses	0.46	Sales of assets depreciation	-
Sold assets	1.35	Total contributions received	5.73
Granted posts	0.23	Total operating subsidies	38.42
Income tax	-		
Total expenses	102.11	Total revenues	102.88
		Total profit	0.77

Economic results

The entity achieved a profit of 776 EUR for the period of 2013, of which the principal activity loss of 6,178 EUR and from economic activities a profit of 6,954 EUR profit will be used to finance projects in the organization in the next financial year.

Profit from public funds	EUR
Czech Development Agency	35,769
Ostrava City	1,308
SOstrava City – MOaP	577
Olomouc City	769
Total	38,423

MANY THANKS TO

Institutions, organizations and companies:

**Czech Development Agency and Ministry of Foreign Affairs
Czech Republic, Embassy of India, Prague, Olomouc City, City
of Ostrava, Ostrava City – MOaP, Forum 2000**

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Our philanthropers from the cultural, business and public sector:

Nela Boudová, Bára Hrzánová, Lucie Benešová a Tomáš Matonoha, Miroslav Etlzer, Michaela Sejnová, Vladimír Polák, Geše Nyima Özer, Petr Bratský, Jiří Grund, Radan a Alice Kučovi, Karel Nešpor, Martin Králíček, Karel Hájek, Jiří Šiler, Jan Haruda, Michal a Barbora Jarošovi, Eva a Radim Chytkovi, Vincenc Laszlo, Jan Jakubův, Jan Tábořský, Alena Čejchanová, Eva Čadová, Kateřina Jacques a Martin Bursík, Hana Klínková, Johana Krajčířová, Libor Kukliš a Lukáš Masner.

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